

Yuen Long Public Secondary School

Physical Education Department

Proposal for Promotion of a Sports Ambience and MVPA60 in School 2024-2025

Themes	Description	Purpose/Implementation	Duration	Target students	Budget estimation	Teachers i/c
(1) arouse sports ambience	Sports equipment: Acer eKinekt BD 3 充電單車辦公桌	To provide a comfort and convenience sports' machines while doing exercise on covered playground	Dec2024	Whole school	\$9000x4=\$36000	CCW
(2) promote MVPA60 in school	Sports Training Camp For School Swimming Team and carry out on KLA Day or holidays	- Learn techniques and skills from professionals. -Develop responsibility and a work ethic. -Management of anxiety and depression.	Jul2025	School Sports Team	2D1N: \$20000	CCW/YTW
(1) arouse sports ambience	Replacement of PE equipment: a pair of Basketball's rings	Repairment and replacement.	Nov2024	Whole school	\$10000	CCW
(2) promote MVPA60 in school	-For 1 st term basketball team (boys)training	Coach fee \$500/hr provide 40 hrs for school team training	Aug2024- Dec2024	Basketball Team(boys)	\$20000	CCW
Total Amount:\$86000						

Endorsed by SMC Chairman



Ms. KL CHAN

27 Jun 2024